

“Out of Chaos Comes”

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I hand felted this art in a period of my life when I was feeling extremely overwhelmed by health issues of my family and myself. I felt dizzy with the myriad of responsibilities that demanded my time and energy.

Crazy with possibilities, I realized my chaotic mindset was telling me to stop everything to reevaluate the direction I was going. As a result, I cancelled my upcoming major surgery, restructured my time, decluttered my studio, and reprioritized my health practices to allow the spirit to guide me elsewhere.

To my amazement I experienced a greater clarity of purpose, an enriched depth of creativity, a more productive focus in life, and a more holistic level of health as a result. What I had once experienced as a totally chaotic life, I now experience as a creative, organized, and purposeful way of being in this world.

This hand-felted fiber art reminds me of the beauty and gift of chaos.